



ALLERGY TEST

IMPROVING LIVES SINCE 2008

Office use only: Intolerance Nutrition Metal

ALLERGY TEST

Thank you for purchasing your Allergy Test from us!

In order to process your test, please follow the instructions...

01

Print this form
Print off this form
and fill in your
details.

02

Take your sample
Take your hair
sample(s), clearly
label and securely
seal them.

03

Mail the form and
your sample
Send us your
sample(s) and this
form together.

SEND YOUR FORM AND SAMPLE(S) TO:

**Allergy Test / Healthy Stuff
Metallimiehenkuja 10
02150 Espoo, Finland**

Please fill in using **BLACK ink and in BLOCK CAPITALS**. Ensure you complete all the details correctly as they cannot be changed.

01

PERSONAL DETAILS

Enter the details of the person(s) being tested...

Person 1 (if purchased standalone test):

Title: First name: Surname: Date of birth:

Person 2 (if purchased couples or families multi-buy):

Title: First name: Surname: Date of birth:

Person 3 (if purchased families multi-buy):

Title: First name: Surname: Date of birth:

Person 4 (if purchased families multi-buy):

Title: First name: Surname: Date of birth:

02

YOUR ORDER

Enter the order details and email address for the results to be sent to...

Name: Web Order ID:

Address:

Postcode: Email: Date of purchase:

PLEASE READ CAREFULLY:

- We only require 5-7 strands of hair and they need to be at least an inch long.
- We test any body hair, it does not need to be from your head.
- Ideally, we prefer samples to include the hair root, however we understand it can be painful for many people. If cutting the hair, please ensure you cut as close to the root as possible.
- Hair dye does not affect testing.
- Once your hair sample(s) is collected, please place strands into preferably a sealed grip bag ensuring the hair remains dry and secure during transit.
- Ensure that each sample is labelled appropriately as applicable.
- Place hair sample bag(s) and the submission form in an envelope.
- We aim to return all test results within 7-10 working days (from date of receipt at the testing facility).
- Ensure the correct postage is paid. Incorrect postage can cause major delays to the processing time. Additionally, The Intolerance Testing Group are not liable to pay these fees and your package may be returned.
- Do not send hair samples in metal foil or other metallic packaging.
- Please be careful not to include other items in the same bag as your hair sample as this can affect the test and your results could be wrong.
- We DO NOT post any printed reports. We simply require your hair sample(s) for testing and then email you the results once the testing is completed.